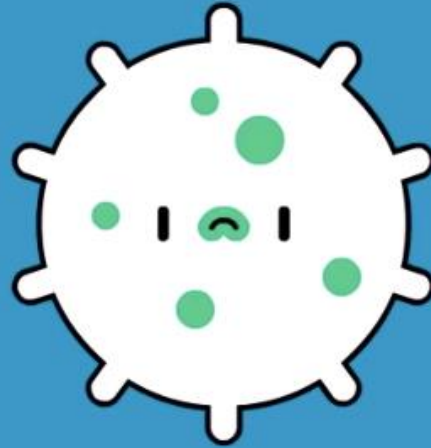


Qihua *HE Buzz* (April 2020)

CORONAVIRUS

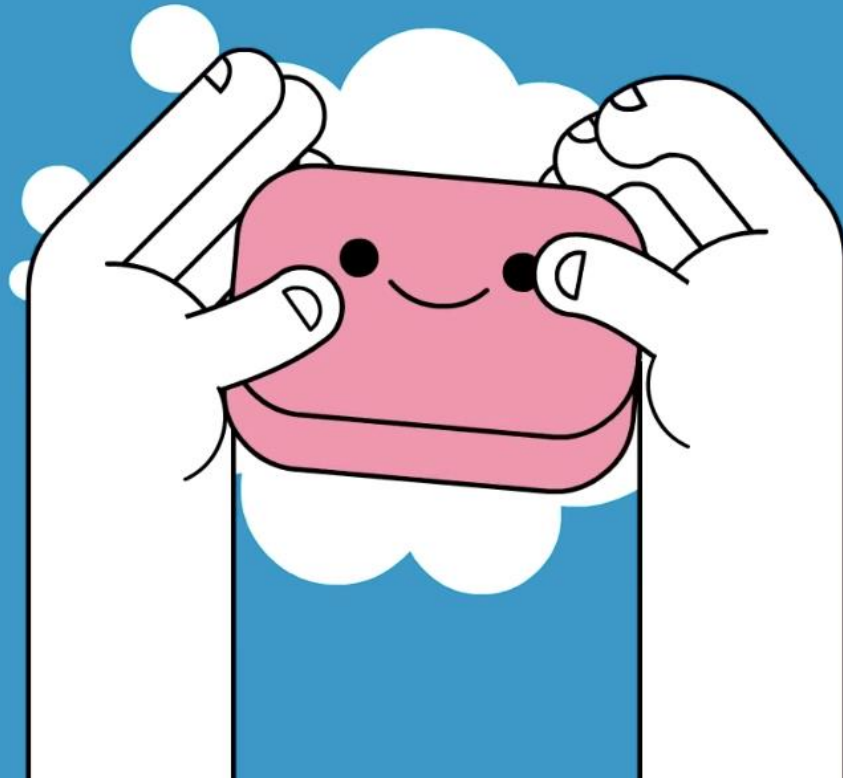


**7 STEPS TO PREVENT
THE SPREAD
OF THE VIRUS**

From:WHO

Qihua *HE BUZZ* (April 2020)

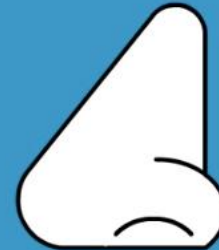
**1. WASH YOUR HANDS
FREQUENTLY**



From: WHO

Qihua *HE BUZZ* (April 2020)

2. AVOID TOUCHING YOUR EYES, MOUTH AND NOSE



From: WHO

Qihua *HE BUZZ* (April 2020)

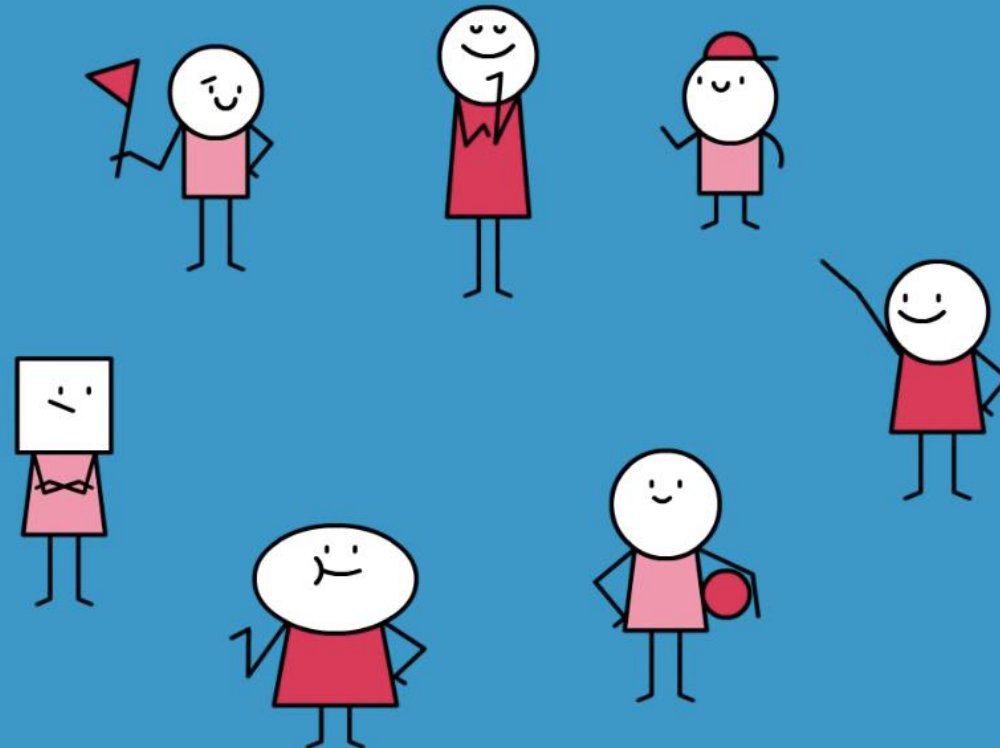
**3. COVER YOUR COUGH
WITH THE BEND OF
YOUR ELBOW OR TISSUE**



From: WHO

Qihua *HE BUZZ* (April 2020)

4. AVOID CROWDED PLACES



From: WHO

Qihua *HE BUZZ* (April 2020)

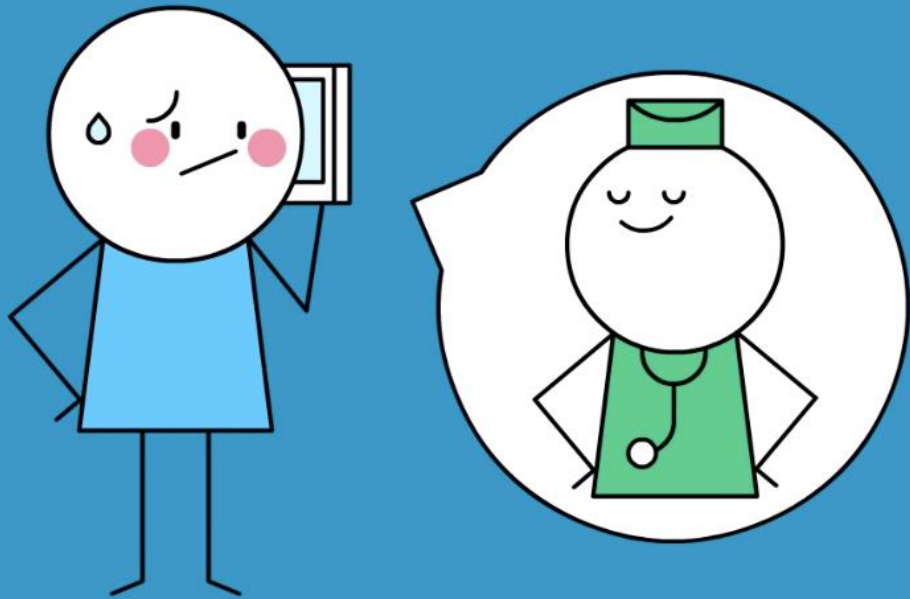
**5. STAY AT HOME
IF YOU FEEL UNWELL –
EVEN WITH A SLIGHT
FEVER AND COUGH**



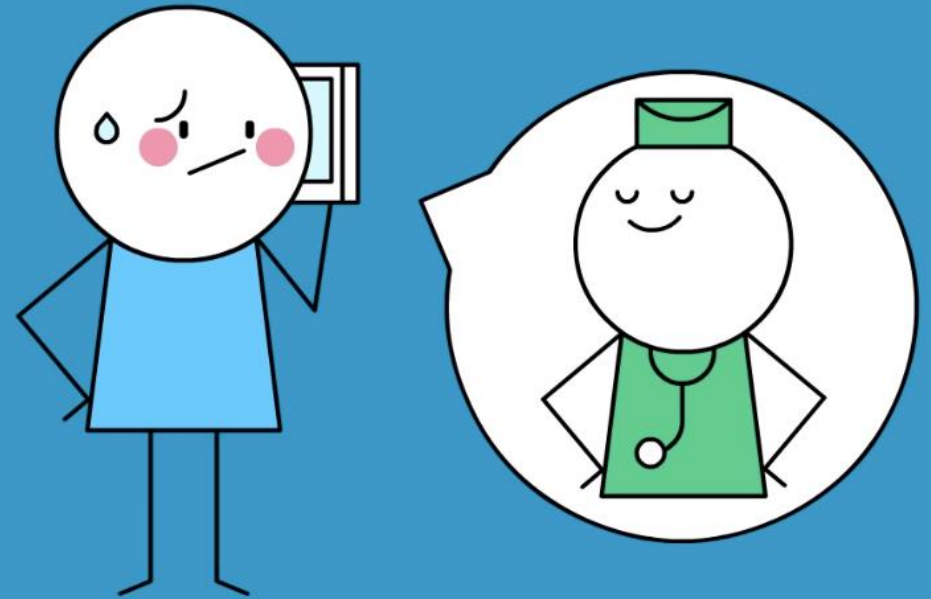
From: WHO

Qihua *HE Buzz* (April 2020)

**6. IF YOU HAVE A FEVER,
COUGH AND DIFFICULTY
BREATHING,**



**SEEK MEDICAL CARE
EARLY - BUT CALL
BY PHONE FIRST**



Qihua *HE Buzz* (April 2020)

7. STAY AWARE OF THE LATEST INFORMATION FROM WHO



From: WHO

You can also check out the following website for latest information in Singapore.

<https://www.moh.gov.sg/covid-19>